

ABSTRACT OF DISCLOSURE

A volume control apparatus and a method enable the volume of sound output from a sound output system to be adjusted in units of an increase/decrease interval set by a user, the volume control apparatus controlling the volume of sound output from the sound output system on a basis of volume level information set by the user. The volume control apparatus includes a memory in which sound increase/decrease interval information which a user wants is stored, a command and information input unit that inputs the sound increase/decrease interval information and a volume control signal with respect to sound output from the sound output system, a sound output unit that outputs sound generated in the sound output system to an outside of the volume control apparatus, and a system control unit that stores the sound increase/decrease interval information input from the command and information input unit in the memory and controls the sound output unit such that sound output from the sound output unit is increased/decreased a basis of the sound increase/decrease interval information stored in the memory when the volume control signal is received.